



**Directions to Spotlight Gymnastics at the Huguenot Memorial Church, located at 901 Pelhamdale Ave., Pelham Manor, N.Y. (parking lot entrance on Esplanade Ave., one block south of Pelhamdale).**

**From Northern Locations:**

Hutchinson River Parkway South to Exit 7 (Boston Post Road). At the light make a left onto Boston Post Road. Go 2 lights and make a right onto **Esplanade Avenue. At the 2<sup>nd</sup> turn-around make a U-turn. Turn into the first driveway for the church parking lot.**

Boston Post Road South to light at Esplanade Avenue. Make left onto Esplanade Avenue. **At the 2<sup>nd</sup> turn-around make a U-turn. Turn into the first driveway for the church parking lot.**

New England Thruway South to New Rochelle Exit 15 (Main Street/Boston Post Road). Make a right, go 4 lights, make a left onto Esplanade. **At the 2<sup>nd</sup> turn-around make a U-turn. Turn into the first driveway for the church parking lot.**

**From Southern Locations:**

Hutchinson River Parkway North to Exit 7, Boston Post Road. At the light make a right onto Boston Post Road. At the 1<sup>st</sup> light make a right onto Esplanade Avenue. **At the 2<sup>nd</sup> turn-around make a U-turn. Turn into the first driveway for the church parking lot.**

**From Western Locations:**

Saw Mill River Pkwy, Bronx River Pkwy and Sprain Pkwy to Cross County Pkwy East. Take Cross County Parkway to Hutchinson River Parkway South to Exit 7 (Boston Post Road). Then follow directions from Northern Locations for the Hutchinson River Parkway South.

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**RELEASE TO BE SIGNED BY A PARENT OR GUARDIAN FOR STUDENT'S ACCEPTANCE IN CLASS**

By the very nature of the activity, gymnastics carries a risk of physical injury. The risk of injuries includes minor injuries such as bruises and more serious injuries such as broken bones, dislocations and muscle pulls. The risk also includes catastrophic injuries. Gymnastics, or any activity that involves motion, rotation, and height in a unique environment carries with it a reasonable assumption of risk. Spotlight Gymnastics is therefore informing participants and their parents or guardians of the risk involved in the activity of gymnastics. Further, everyone participating in the Spotlight Gymnastics program agrees to adhere to the safety rules governing our program and attests and verifies that the participant is in good health and in proper physical condition for the sport of gymnastics.

In consideration of Spotlight Gymnastics acceptance of the applicant(s) those legally responsible for the named enrolling student(s) and parents or guardians who participate in class realize the risk of injury involved and hereby agree to fully assume all such risks and all responsibility for losses, costs, and damages incurred as a result of participation for said student(s) and themselves and further agree to indemnity, save and hold harmless Spotlight Gymnastics, its employees, and all others concerned, and to indemnity them against all claims, suits, actions and loss. The parent/guardian also agrees to permit any photos taken of their child in class to be used on Spotlight Gymnastics' bulletin boards.

Intending to be legally bound, my signature is freely offered and by signing below I acknowledge my acceptance of the above release, waiver of liability, assumption of risk and indemnity agreement and intend it to be a complete and unconditional release of all liability to the greatest extent of the law.

\_\_\_\_\_  
**Printed Name of Parent/Guardian**

\_\_\_\_\_  
**Signature of Parent/Guardian**

\_\_\_\_\_  
**Date**